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 BROOKLYN • GRANITE CITY • MADISON • MITCHELL • PONTOON BEACH • VENICEVOLUME 30, NUMBER 96


## Santa parade

"Harvey the Juggler" dazzles the crowd jugging rubber chickens during the parade last Saturday evening.

## Observe safety tips for holiday season

A few simple tips can keep you safe this month By Dennis Grubaugh
Staff writer
Be thankful if you're not
mugged, burglarized or Horse.
wis the season to take
advanMEIRO EAST $\begin{aligned} & \text { atace } \begin{array}{l}\text { tate } \\ \text { people, }\end{array}\end{aligned}$ ties say
All types of crime
Alt increase with the holidays,"
said Capt. Rick MeCain of the Alton Police
Depolice agencies and the
Madison County Public Mealthon Department are offering a few words of
advice to help make the holi-


## Committee proposes new death penalty standards

Minimum requirements may have to be met to seek capital punishment

By Dennis Grubaugh
Staff writer

Attorneys who try capital | Madison | $\begin{array}{l}\text { murder } \\ \text { cases in }\end{array}$ |
| :---: | :--- |
| Illinois |  | to meet minimum day have before they can represent or prosecute a defendant. changes to the death penalty

process recommended by a process recommended by a
special judicial committee appointed earlier this year

## Students

 take swim programVenice fourth-graders participated in class By Michael Hei
Staff writer

Students from Venice Elementary School recently

received | VENICE | $\begin{array}{l}\text { an educa } \\ \text { tion that } \\ \text { got them }\end{array}$ |
| :--- | :--- | wet behind the ears and out

of the classroom. About 40 fourth graders participated in a proram, called Learn to Swim, at the Tri-Gity YMCA, coordinated
and taught by Rich
Wittmann, YMCA's executive director. way they handled themselves," Wittmann said. "By
the end of the lessons, they the end of the lessons, they
were jumping into the deep end and swimming into the shallow water.'
The four-wee egan in Octeek lesson that in early November and ended a day at the beach. lessons were intense as students learned the craw See STUDENTS, Page 5A
by the Illinois Supreme
Court.
The court is now asking the committee, which
includes two Madison Count judges, to get more input on judges, to get more input on
its lengthy report by holding
several public hearings several public hearings.
"Even the best system can be improved upon," Chief Justice Charles E. Freeman said. "But made without the dissemination of constructive and critiThe court is not united in $\quad$ the rest of the court on the the form the
need


## Band concert

Members of the Ladue High School Orchestra played at Venice's Blair school last week.

## Initiative set to create park system

New metro area park district would cover 12 counties

A new initiative is under METRO EAST $\begin{aligned} & \text { way to } \\ & \text { create }\end{aligned}$ METRO EAST $\quad \begin{aligned} & \text { create a } \\ & \text { metropol }\end{aligned}$ parks and recreation district that would cover 12 counties in the St. Lou

Gateway Parks and Trails
2004 is an organization that grew out of the 2004 parks and open space project in St.
Louis. It is hosting public Louis. It is hosting public area to get public input on
the issues of clean water the issues of clean water
safe parks and community rails. University of Hiln The University of Illinoi
Extension and Gateway

Parks and Trails 2004 have cheduled a meeting at 7
p.mec. 7 at the Madison County Farm Bureau.
Glenna Brown, office administrator for GPT2004, said the purpose of the pro
posed metropolitan parks and recreation district would
be to improve and recreation district would
be to improve water quality See PARK, Page 6A

| INDEX |  |
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| Entertainment ....... 5B | Regional News....... 3A |
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| Local News ........ 2A | Today's Food ........ 16 |

## This holiday season log on to

## Midwest Rack Inc. faces $\$ 100,000$ in OSHA fines

Citations issue for 38 health and safety violations

## Lewis \& Clark intrepretive

 center plans move forwardCongress approves transfer of land on which will be built in 2000

By Scott Cousins
Staff writer

unqualified people and don
know what they're talking
Sabados said the inspecing safety equipment on
some of their machinery,
66 4very time out, they change their mind. They are unqualified people and don't know what they're talking about." Mike Sabados Sr.
when the equipment was
already built in. already built in.
"I'm really frustrated, said. 'They come over here
and I'm supposed to drop and I'm supposed to drop everything, "
Peggy ${ }^{2}$ weber, OSHA's
area director in Peoria, said area director inducted an
the agency cond
inspection in response to a
ormal complaint alleging
umerous hazards at the OMpany . issued citations Olleging issued citations willfung four repeat and three ther-than-serious violations Serious violations are
those that could cause an
accident or illness that coul hose that could cause an
accident or illness that coul
result in death or serious esult in death or serious jury Wiliful violations are haz
adous conditions that the ardous conditions that the makes no reasonable effort to correct.
Repeat violations are ones
that the company has been ited for before Serious violations alleged
at Midwest Rack include a lack of machine guarding, exposure to electrical shock hazards, noise, unsanitary
conditions, no rodent contro program and eating in areas with toxic materials.
Willful violations included Willful violations included with open flames and spark
producing equipment. producing equipment. lack of a respiratory protec tion program and having no material safety data sheets
for chemicals.

## Suspicious 2nd fire hits home

Sunday morning blaze happens just days after first

Sy Mithat Ho

| A Sunday morning fire |
| :---: |
| cF\%Nme sin ripped |
|  |
| the front |
| a single-family flat in the |
| 2900 block of Harding in |
| Granite city is being another |
| spicious because anoth |
| According to a police |
|  |
| orities said began in the |
|  |
|  |
|  |

> night. Firefighters and police
arriving at the scene a short time later observed smoke coming from the front and west side of the building
Leonard and Angel Johnson, who reside at 2904
Harding, stated in the repor Harding, stated in the repor that they heard a "large
bang," and when they looked outside saw flames shooting from the residence, but did Helen Connor, who reside at 2903 Harding, stated in noise coming from the resi-
dence, but, as the Johnsons

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110 S. Oak St. - O'Fallon, it
stated, did not see anyone
running from the building. Damage to the property was estimated at $\$ 5,000$. The
home is owned by Elaine home is owned by Elaine
Holmes. Holmes said she and her husband rehabbed the prop-
erty in October and said that erty in october and said that
it had been rented until the first fire forced the occupants out. She said she plans
to rehab the home again, but to rehab the home again, b
will wait until the summer

## By Kory smith

Plans continue to move forward on the future Lewi and Clark Interpretive
Congress gave final approval this week to transMETRO JAST $\begin{aligned} & \text { ferring } \\ & \text { the } 39- \\ & \text { acre sit }\end{aligned}$ $r$ the center's construction the state of Illinois.
U.S. Rep. Jerry Costello

66 Tam pleased that Congress passed this important bill before adjourning for the year. The Interpretive Center will help preserve the Corps of Discovery's historic legacy

Peter Fitzgerald
(D-Illinois) authored the legislation, H.R. 2373 that paves the way for local and state officials to proceed with con
ceptual design plans on the ceptual design plans on the
roughly $\$ 7$ million, $15,000-$ square-foot center. The Lewis and Clark Interpretiv Center, set to break ground 2000, will provide an interactive account of the famous
pair's departure west in pair's departure west in Interpretive Center is at the confluence of the Mississippi
and Missouri and Missouri Rivers.
"This bill will allow the


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## GRANITE CITY

st. Louls
ILL. 876-8440
state of Illinois and Madison
County officials to move forward on our goal to construct a world-class interpretive center by the bicentennial of the Lewis and Clark joid.
Funded by the state of Illinois and a $\$ 4$ million co gressional appropriation $U$ Sen. Dick Durbin (D-Illinois) in. 1998 , the center is expect ed to draw more than 10
000 tourists annually. Durbin and U.S. Se
Peter Fitzgerald (R-Illinois) sponsored the Senate version of the land transfer leg.
tion. "I am pleased that
Congress passed this im Congress passed this impo
tant bill before adjourning tant bill before adjourning for the year," Fitzgeral
said. "The Interpretive
center will help preserve the Corps of Discovery's historic legacy."
Superintendent of historic sited Bob Coomer with the
Illinois Historic Preservation Agency said the project has progressed from a conceptu al to developmental design
phase.
"We'll be meeting Dec. 10 to talk about more specifics on the designs for the Center, at this point is to awar a contract on the construction of the Interpretive
Center by mid to late Center by mid to late sum-
mer 2000 and to see it com pleted and open to the public between 14 to 16 months

## later."

A covered vestibule, an orientation/reception area, interactive exhibits and a
sophisticated theater-featuring a large-scale movie on
the Great Expedition are all plans for the Center
"We're hoping to incorpo rate a lot of natural sound all Interpretive Center expe rence," he said. "And the as people head toward the exit will concentrate on what as happened since the time f the Expedition and th

66 Nhis bill will state of Illinois and Madison County officials to move forward on our goal to construct a world-class interpretive center by the bicentennial of the Lewis and Clark journey westward.
erry Costello
S. Representative
profound effect it has had
Throughout the Center, water elements remind visitors of the convergence at Camp Dubois. Visitors to the facility will start by picking ument their visit.

A large globe will emphasize international trade 19th century Europeans and
Americans on water for Americans on water for
trade, travel and commun cations.

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## nipponemit

## Police blotter

# New Delhi woman arrested in Thanksgiving charity fraud 

Granite Cit William D. Lindsoy. 34 , of the
2600 block of Edward Street was
Charged Wodnesdar with unlawtul on of llinois 3 and Pontoon Road on of llinolis 3 and Pontoon Road She was then brought back to the
toll area, where the workers identiAlton police arrest suspect in area-wide donation scam

By Kerry Smith
Staff writer
On Thanksgiving Day,
Alton police arrested a Alton police arrested a
woman who falsely told se eral growery store managers
she was collecting food for hurches. New Delhi, began her 24, of Mirno bast $\begin{aligned} & \text { ulent col- } \\ & \text { letion of } \\ & \text { the more }\end{aligned}$ $\$ 1,000$ worth of turkeys,
hams and roasts Nov.
hand 1 hams and roasts Nov. 10 and police said Alton police said Thomas first visited Sinclair's Grocery Store in Jerseyville clairing to be a member of the Peace United
Church of Christ who was
picking up donated meat to serve at the church's
Thanksgiving meal for the needy The following day,
Simmons said, Thomas trav-
$66 \sqrt{T o}$ prevent from happening again, we want stores to be sure and ask for identification when handing out large-dollar donated items such as these. We want to make sure we don't experience any copycat crimes.

Jake Simmons Alton police Detective

she retrieved more than $\$ 150$
in meats from the grocery
Thomas' scam continued Nov. 13 and 14 in Alton as she represented herself as a member of Tabernacle the Alton Shop 'n Save out of more than $\$ 700$ in meats that
were supposed to feed hunwere supposed to feed hun-
gry community members at a holiday meal.
A Shop 'n Save security store recorded Thomas as she committed the fraud and it was the quick work of the
store's security department along with an Alton police officer's efforts that tight-
ened the search for the susened.
pect.
"On Nov. 22 , when she "On Nov. 22, when she
showed up at the Schwegel's store (on Washington Avenue) representing herself
as a member of Messiah as a member of Messiah
Lutheran Church," Simmons Lutheran Church," Simmons
said, Shop 'n Save had notified us of the security cam-
era photo. Officer Marcus Patterson did an excellent job of identifyin the suspect
from the surveillance photo and sending the image on to
the Jerseyville police."
tives searched for Thomas finding her at a relative's 11 a.m. Thursday. Simmons said the suspect ing the turkeys, hams and roasts from the trunk of he car at several locations in
Alton, including Sullivan
Homes, the Din Homes, the Dooley housing complex and in the parking
lot behind the Amoco food shop. To prevent this scam from happening again, w
want stores to be sure an want stores to be sure and
ask for identification wher handing out large-dollar
donated items such as donated items such as want to make sure we don
experience any copycat experience any copycat He said actions like
Thomas' are harmful Thomas' are harmful
because they cast a negative
light on legitimate charitabl light on legitimate charitable Thomas was taken Friday
from the Alton Police Department to the Madison County Jail. She is awaiting
extradition to Jersey County

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## Mother seeks statute change

Mehring faces jail time for refusing grandparent's visitation rights

By Dennis G
Staff writer
A mother jailed for refus ing a grandparent visitation MEIRO EAST $\begin{aligned} & \text { rights to } \\ & \text { her } 7 \text { - } \\ & \text { year-old } \\ & \text { daught }\end{aligned}$ is representing a cause far bigger than her own family,
others our communities to call for their elected representatives 66 The time has 1 come for our communities to call upon their elected representatives to bring an end to these evil and unconstitutional statutes."

Lance Freezeland and unconstitutional tatutes," Lance for Julie Tehring, said.
Mehring, 27 , of Columbia was placed in Madison
County Jail Nov. 17 after
Madison County Associate udge Barbara Crowder ontempt of court. Mehring
was cited for refusing to was cited for refusing to
allow her former mother-in
aw to visit Mehring's daug er. Jenna, 7 . As of Saturday afternoon,
Mehring still was in jail. ative who practices law in Effingham, has filed a
notion seeking to declare
he statute under which notion seeking to declar
he statute under which
Mehring was sentenced Mehring was sentenced

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"
ITT This is all
on that motion has not yet
been scheduled. In the meantime, the U.S. argurments Jan. 12 in a case from Washington state that
could provide direction or could provide direction or
determine the outcome of Mehring's case and many
others from around the coun others from around the coun
try, Freezeland said. At issue is whether any
third party - including third party-including grandparents - has a legal
right to sustain a relationship with a child over a par-
ent's objections. ent's objections.
Grandparental Grandparental visitation
statutes have been enacted in the last 20 years in all 50
states. The intent of such states. The intent of such
laws is to unite families. "(But) they have had. just
the opposite effect." the opposite effect,"
Freezeland said They drive families further apart, and visitation, crying children, arrests and 's troubles began April 26 when Crowder
ordered the child to have vis ordered the child to have vis mother Ella Mehring of
Belleville. Julie Mehring Belle ville. Julie Mehring
obiected saying that the objected, saying that the
child and grandmother had had no prior relationship.
(Ella Mehring) is a woman the child does not know and does not want to Julie Mehring was in the
process of divorcing process of divorcing Ella
Mehring's son, Michael years ago when he died of
congestive hear congestive heart failure at
age 39 , aecording to age 39, aceording to court
records. Two months after Michael's death, Ella
Mehring and her husband, Mehring and her husband
Ralph, filed for visitation
rights to see Jenna rights to see Jenna.
Ralph Mehring died April, leaving Ella Mehring
to fight the case by herself to fight the case by herself, through her attorney
Margaret $W$ alsh of Belleville. During a contempt pr
ceeding Nov. 17, Julie

1 about what's supposed to be in the best interests of the child. What purpose does it serve to put the mother in jail when she's not a criminal?

Mehring restated her objection. She indicated she was judge's order, now or in the judge's order, now or in the
future. The judge immediately ordered her to jail.
"This is all about what's "This is all about what's
supposed to be in the best
interests of supposed to be in the best
interests of the child," said
Andrew Hill of $S$. interests of the child," said
Andrew Hill of St. Louis,
Mehring's fiance. $n$ What Mehring's fiance. "What pur-
pose does it serve to put the pose does it serve to put the
mother in jail when she's not
a criminal?" a criminal?"
Hill said he has been left
to tend to Jenna Mehring in the interim. "This is about to tear her
up," he said of the youngster up," he said of the youngster.
There is a maximum time
limit of six months on the
limit of six months on the

Andrew Hill
Mehring's fiance
 Neither Ella Mehrin
her attorney could be
reached for comment
Friday.
However, in previous court filings the grandpar meet with their granddaughter in part because she was
their only link with their late son.
"They simply want to visit her understand the death of her father, and to help ease the pain caused by his
death," the original petition
states.
initial contempt sentence,
after which the sentence after which the sentence c be reviewed, Freezeland
said. However, an update
hearing has been set for hearing has been set for
De. Mehring can purge Dec. 15. Mehring can purge
herself of the contempt sentence by allowing seven vis-
its by the grandmother at its by the grandmother at
five hours per day, the judge ruled. hours per day, the judge Crowder declined to com-
ment on the case, but others ment on the case, an opinion. $"$ The state has stepped in where they have no right to
do so," Hill maintains. "Julie) didn't have a choice.
She can turn the key anyShe can turn the key any-
time she wants, but to do that she has to do it for a
stranger who has not called, stranger who has not called, d about Neither Ella Mehring nor

District's web page helps college-bound By Deborah L. Bates
Staft writer
Cyberspace now is a reali-
ty in the Edwardsville High
School Guidance
Department, giving students
access to information to aid
them in their high school
and collegiate careers.
nudy Verseman (guid-
ance department chair-
woman) and I wanted to pro-
vide students and parents
with a readily accessible
source of information," said
Marianne Doll, assistant
principal of student services.
The World Wide Web page

- www.ecusd7.org/ehs paidguid
ance/index/htm - will pro-
vide access to scholarship
information, financial aid
information, and links to colleges Web page is part of the district's attempt to the Edwardsville School with parents, Superintendent Ed Hightower said. sion and testing should assist students with college entrance requirements, and leges and online applications. Links to testing sites
such as ACT, PSAT and Such as the ACT, PSAT an Doll said the department
also is helping parents with also is helping parents with
financial aid information, whinch is available on the Web page. Financial aid applicat
online.


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## Students take class

Continued from Page ta
stroke and how to float on
their backs and stomachs.
"After about a week or so,
everything fell into place,",
Whitmann said. "They pro-
gressed well enough that I
was able to teach them how
to properly kick, breathe
and use their arms to push
through the water."
He said, the biggest obsta-
cle they had to overcome
was getting many of them
over the fear of water. To do
that, he used an innovative
teaching technique called the
"Superman Glide."
nI stressed to them to
stretch their arms out as far
as they could and relax as if
they lying in bed. It took
them awhilile to get the confi-
dence they neede, but after
they got that confidence the
battle was over," Whitmann
said.

Whitmann said that by
the end of the lessons the the end of the lessons, the
pool was full hapy-go
lucky swimmers, eager to demonstrate their newly learned skills to their teach
ers, who happened to be on ers, who happened the ob on
the side the pool during
the last lesso the last lesson
They worked hard and were proud of what they accomplished. They were a group of kids having a lot of Whitmann, who has a master's degree in physical
education with an emphasis education with an emphasis
in biomechanics relating to ${ }^{\text {aquatics. }}$ My objective was to
make them as productive make them as productive as Whitmann said ."I think I accomphol officials interested in beginning a Learn to
Swim program at their Swimprogram at their
school, can call whitmann schoon,
tion.
tion

## MEDICAL AND LECAL malpracilct FRE CONSULTAHON

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Committee proposes new penalty standards


Observe safety tips

## for holiday season

## Kark your doors to parking

 attendants, elevators orstairwells; Park in well-lighted
spaces spaces. known to 'bump' a car and
then forcibly take control of the car when the driver gets Yong said. Do not get out of the car unless it is in a well lighted area, she said,
Be suspicious, too, of holi day frauds. When asked for a dona-
tion, insist on proper identifi tion, insist on proper identifi
cation. Watch out for organizations whose names are
similar to well-known ones, similar to well-known ones.
In general, give only to char
ition ities you know, Yong said. rules apply to protecting
one's home. Gifts should not one's home. Gisplayed near a window doors should be locked,
lights should remain on when you're gone, and sure you keep your wallet
or purse close to your body in front of you where you can see and feel it. Use pur makes it more difficult for a pickpocket.
"Be careful of using those backpack purses," Yong said. Also, do not overburden Also, do not overburde
yourself with packages, as
that makes it difficult for that makes it difficult for
you to keep track of your you to keep track of your
belongings. And don't leave packages visible in your
vehicle.
"It also makes it easier for the criminal, "she said.
Tell children that if they get lost to go to the nearest
store clerk or security guard. There also are a few you're driving between
stores. Among them: Back into parking spaces
it lessens the chances of someone trapping you;
Legion visits Veterans home Members of the 22 nd Distriet American Legion and
Auxiliary recently traveled to Anna Veterans Home in Annt Auxiliary recently traveled to Anna vel-terans in and bingo
Party activities included carnival-type poker and
Refreshments served were ice cream, homemade cookies Refreshments served were ic and soda. Candy and snack cracker favors were
Twenty handmade afghans were also presented.

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## Winter's Coming But It's "Swing Time" At <br> EDDDIN'S BAR \& GRILL <br> pool Wednesday <br> TOURNAMENT "The Cosmic Band "\$ New Years Ees" <br> EVERY SUNDAY 6-10:00pm 3 , call for Details <br> Z3:00 PM 5 6-10:00pm <br> Fri. "Soul Reanion" 9:30-1:30GM <br> Sat. "Patti \& The Hitman" 9:30-1:30pm Dec. 2 Thursday, Music 7-11PM <br> Every Sunday <br> Footboll on The <br> 2900 Nameoki Rd. Granite City, IL 452-4142

## Obituaries

|  |  |
| :---: | :---: |
| LUCY FOSTER, 72. of Las Vegas, died Friday, Nov. 26, 1999 , inShe warn March 25, 1927, lockbridge. | David Schmidt |
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| Leslie McClure <br> LESLIE ELAINE (THOMPSON) of Glen Cabon, |  |
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|  | She is survived hy her husband,Rick McChure: her parents. Lesterand Evelyn (Mulhelland) Thompson |  |
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| She was praceded in death by abrother. Keith Thormpson.Funeral services will be at 10Wednesday at Irwin-Scott |  |
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| chman for GM and $O$ Railr |  |
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## Churches

Funeral services were Tuesday at Thomas Memorial Mortuary in
Granite City with the Rev. Allen Reiter officiating. Burial was in
Sunset Hill Memorial Estates in Sunset Hill
Edwardsville. Mernorials may be made to S

Toni Wilson
TONI JEAN (DE BOLT) WIL SON, 58 , of Portoon Beach, ded at
$7: 03 \mathrm{a} . \mathrm{m}$. Saturday. Nov. 27. 1999, at her residence. 18. St. Louis. Mrs. Darneil was a factory.
worker tor Melborn Manufacturing.
She was a member of Suburban She was a member of Suburban
Baptist Church and the Pontoon
Beach Zoning Board Beach Zoning Board.
She is survived by
James A. Wilson of Pontoon Beach
and pilip Wilson of Granite City
and and three grandchildren. Brittani
Wison and Emiliaa Wiscon, both of
Wist Granite City and Veronica, Margolis
of Cleveland. Ohio. She was preceded in death by parents. Tony Grous and Dorothy Funeral services were Monday at Frner-Mick Funeral Home in
Granite City with the Rev. Greg Diame City Wirn he Rev. Greg
Dickerman officating. Burial was in
Sunset Hill Memorial Estates in Edwardsvile. Memorials may by made to


> THE PONTOON BAPTIST
CHURCH. Highway 111 and Pontoon Road, has worship servic-
es at 8 and 10:45 a.m. Sunday es at 8 and 10:45 a.m. Sunday
Nursery care is available for infant to Nursery care is available for infant to
3 eaars. Coffee time is at 9 a.m. and
Bible Study is at 9.30 am Bible Study is at 9:30 a.m.
preschool worspip and the Preschool worspy and and the
Children's Church (first through
fourth Chiltren's Church (first hrough Sunday. Suncay's message is."
"Isaian's Cnristmas Prophey."
Fevival Time is at $6: 30$ p.m.
$\qquad$
pra
The
dra
Br
Go
car
Wit
Be
cel
om
ing
Sa
The onoir will present a musica
drama by Keith Ferguson and Brama Greer. The musical presents God becoming flesh and divinely carrying out the pian of redemption
Without the birth of Christ in Bethlehem on Christmas day, all the
celebrating and gift giving would be celebrating and gift giving would bee ing. Come share the message of the
Savior at $7 \mathrm{p} . \mathrm{m}$. Dec. 11 and 12 .

## Initiative set to create park system

objectives of the organiza Hall will cover topics on increasing park safety, viding compmunity trails, improving, restoring and ing better access for the disabled and preserving natura habitats for wildife.
GPT2004 was incorporated in January and meetings have been held so far in St. have been held so far in St.
Louis County and St. Charles County in Missour, and St.
Clair County and Monroe

County in the initiativ Part of the initiative
includes getting legislation in
both states passed that both states passed that would allow local counties to
join the metropolitan parks join the metropolitan parks bill would allow a 01 of a
cent sales tax increase to cent sales tax increase to
fund the district. The public is invited to
attend the meeting in the attend the meeting in the
auditorium at the Madison County Farm Bureau, 900 Hillsboro, Edwardsville.
For more information, For more information,
call $314-487-2144$.

## 



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## News

Children need proactive parental support

| Young people have anextraordinarily difficult time resisting negative peer pres-sure, even when dangers are | nerl | going on in their social lives, wha | harm in having a beer with us tonight? You don't haveto get drunk, and your folks |
| :---: | :---: | :---: | :---: |
|  |  |  |  |
|  |  |  |  |
| sure reative apparent ritis imperati |  |  |  |
|  |  |  |  |
|  |  |  |  |  |
| Rarely yis pesure. pressure arect taunting, in-your-face |  |  |  |  |
|  |  |  |  |  |
| might suggest. Actually | AMIIY |  |  |
| "peer pressure" is adult shorthand for a constellation of factors, including media, | ERS |  |  |
| which influence a a child to dowhat others are doing"Peer expectations" might | sometimes exert a friends |  |  |
|  |  |  |  |
| "Peer expectations" mi <br> think about the influence peers have on your child. | ancouragement to ease others into misbehavior |  |  |
| your child. |  |  |  |
|  |  |  |  |


harm in having a beer with us tonight? You don't have
to get drunk, and your folks
will never know," will never know." The real source of presly is internal. Most children are insecure, to one degree
or another. These kids agoor another. These kids ago-
nize until they do what they think they need to do in Risk-taking is made easi-
by the frightening sense of theenage immortality. That they are special and can do and risk anything beeause
really bad things don't happen to them.
In addition to using curfews and other rules to prodiscuss potentially trouble-
some situations with their
children in advance to prepare them to remain true- to family standards. The way parents commuvery important. Here are some helpful suggestions: - Don't use the term "pee
pressure" when talking to your child.
The conversation may trigger an argument you think, much less admit, they can be pressured into doing anything - When adults begin
or peers.
talking about ren talking about responding to
peer pressure, kids insist peer pressure, kids insist
they are simply doing what
they want to do they want to do. - Talk to your child about
specifics.

$$
\sin
$$

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Talk about situations your child may encounter or what
individual children say or do Discuss recent events in the media and entertainment

- Listen to your child. Begin by asking open-
ended questions. Find out who did what, with whom when, how and why Active, effective listening requires being silent for long requires and paraphrasing
perioasionally to draw out occasionally to draw out
what your child is trying what your child is trying child says as a launching pad for your own opinions.
Aim to learn more about your child's world and provide an opportunity for your
child to clarify his or her thoughts and feelings.
After you have listened
actively and a problem has
been identified, inquire about alternatives. If your child cannot see any available options, proquestions. Ask if he or she "ever though about handling

Proactive support from parents helps children
refrain from dangerous activities. Communicating effectively enables parents
to be a powerful resource to be a powerful resource for
their children. Dennis O.Brien is a er, experienced educator and therapist, and executive
director of Zink the director of Zink the Zebra
Foundation of St. Louis, a organization serving med-
ically fragile children.

## Fire called suspicious

By Michael Heil
Staff writer
A Sunday morning fire that
ripped through the front of a
single-family flat in the 2900 block of Harding in Granite
City is being called suspicious
 chanly cofo $\quad \begin{aligned} & \text { another } \\ & \text { ocurred } \\ & \text { there Nov }\end{aligned}$ According to a police report,
Sunday's fire, which authorities said began in the living room
area, broke out a few minutes area, broke
after midnight.
Firefighter Firefighters and police
arriving at the scene a short
time later time later observed smoke com-
ing from the front and west side
of the building. of the building.
who reside at 2904 Harding,
stated in the report that the stated in "lae report that they
heard and when
they looked outside saw flames shooting from the residence but shooting from the residence, but
did not see anyone exiting it. Helen Connor, who resine
2903 Harding, stated in the
report that she heard noise coming from the residence, but
as the Johnsons stated, did not
see anyone running from the see anyong Damage to the property was
estimated at $\$ 5,000$. The home
is is owned by Elaine Holmes.
Holmes said she and her husband rehabbed the property
in October and said that it had been rented until the first fire
forced the occupants out She said she plans to rehab
the home again, but will wait
until the summer


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Page 8 A Wednesday. December 1. 1999 - Granite City Journal

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the buckie Shop our newest styles in Lucky Doc Martens, Silver, Nautica, Tommy and Tommy Girl.

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## ST.CLAIR SQUARE

# Granite City pins down strong start 



Granite City's Steve Peach (top) won his Tim Stephenson photo ning him in just 29 seconds. The Warriors are off to a $3-0$ start this season

Warriors beat O'Fallon, Carbondale, Centralia under new coach Kirgan

By Rick Broom
Staff writer
Meet the new boss - same as the old boss.
New Granite City wrestling coach Allen Kirg PREP $\begin{aligned} & \text { wrestling coach Allen Kirg } \\ & \text { followed right in the foot- } \\ & \text { steps of all the other coac }\end{aligned}$ WRESTLING $\quad \begin{aligned} & \text { steps of all the other coach- } \\ & \text { es in Granite City's storied }\end{aligned}$ plers off the mat in fine fashion, sweeping the first
three matches of the season three matehes of the season.
The Warriors shot out of the gate with a $50-22$
defeat of $\mathrm{O}^{\prime}$ Fallon defeat of O'Fallon. "The kids are really young, so it was kind of expected that they would wrestle that way"
Sheldon Murphy ( 103 pounds) beat Nathan Gardner 7-4. Steve Peach (112 pounds) pinned Jeff
Miller in 29 seconds. Nathan Rushing took a forfeit for $G$
pounder for O'Fallon last year, beat Chad Wilson
(125 poumds), 19.6 . - Kirg 125 pounds), 19-6, Kirgan said "Chad just to
him down and basically ran out of gas. Chad him down and basically ran out of gas. Cha
looked much better against Centralia and
Carbondale,
Tommy Tedesco ( 130 pounds) pinned Sean Joy

Pat Fiegenbutz, a freshman 140-pounder,
trouble early, but showed no signs of his age "Pat got head-locked right off the bat and was
down 5-0, Kirgan said. He came back to beat the lone a freshm pretty tough for anyone to do, let meet. So that was pretty impressive. Pat needs to mateh without a single takedown on his feet.
That's something that we need to work on." That's something that we need to work on".
Another freshman, Brian Beyrau, wrestled
Panther star Jason Dowdy at 160 pounds Another reshman, Brian at 160 pounds.
Panther star Jason Dowdy
"Jason is one of their best kids," Kirgan said "He is the one who beat (Belleville Althoff 's Dan
Quartz last year, he was in the third-place match
at Sectionals and lost to (Granite City's) George Kirgan),

- Brian was wrestling him real tough. The score
as $6-2$ and Jason pinned him in the second perio was $6-2$ and Jason pinned him in the second period
If hink Brian is going to be a good one especially
if he keeps working as hard as he is working right Jim Treakle ( 145 pounds) defeated Steve
Daniels $12-3$ W. Willie Clark (152 pounds) suffered a echnical fall (17-1) at the hands of Donnie Shephard. George Kirgan pinned Dave Kastens in
$2: 50$ and Bobby Grammer pinned Bill Feldman in


Teddy Wallace (right) scored nine points for the Warriors in
Teddy Wallace (right ) scored nine
Saturday's game against Cahokia.

## Granite City topples Cahokia for first victory of the season

 But philosophy that yielded win doesn't take shape vs. Okamillel
## Illinois Warriors net revenge vs. Edwardsville

Team used 10-1 thrashing of Alton as warm-up By Rick Broome
Staff writer
The Mlinis. Warriors hat some powerful moti-
vation tor a recent Misisisippi Valley Club Hockey MVCHA $\quad \begin{aligned} & \text { Association match-up } \\ & \text { against Edwardsville }\end{aligned}$
ICE HOCKEY $\quad \begin{aligned} & \text { against Edwardsville } \\ & \text { Accompanied by thoughts } \\ & \text { of revenge the Warrions }\end{aligned}$ skated to a $6-3$ victory on Nov. 24 against the
Tigers. Tigers. Warriors used the preceding Sunday as a
The
tune-up, handing Alton a $10-1$ thrashing.
"The Game against Alton was an outstanding
effort," Warriors coach Paul Sollberger said. WWe
Outshot them 10-1 in the first period, but we were eutshot therm $10-1$ in the first period, but we were
only winning $1-0$. The second period was one of the ont periods that we have ever played as a team.
best neutral zone transition was great, and we Our neutral zone transition was great, and we
scored five goals. In the third period, we scored scored more.
four
we met
from ono line. We dominated them in every aspect
of the game." Then came time for revenge. In last year's

## By Rick Broom Starf writer

The 1999 Alton Tip off Classic won't be the unqualified sucesss tatent yeast year


 couple of real good 3-pounirk said. "What we tried real hard to do against them was to cover those two manto man and play differ-
ent defenses to confuse them. I think the kids did a real good job,"
Granite took it one frame at a time. "We tried to decide that we needed
each quarter, whether it was by one point on whatever," VanBuskirk said. .That's what
we tried to do and we succeeded until the we tried to do and we succeeded until the
fourth quarter. They got hot, but we had a
big enough lead that we held on. The kid big enough lead that we held on. The kid
made a sopoint shot with one second left, so
we were ahead by six with under 10 seconds ${ }^{\text {leff: }}{ }_{\text {We }}$ Welt good about that. We outscored "We felt good about that. We outscored
them each quarter until the fourth. That was

## ${ }^{66} \mathrm{~W}^{\text {down." }}$ do slow it <br> down.

John VanBuskirk
our first time of playing with a lead, and you
have to learn o do do that we wade takes, but we are learning we dre some mis-
team and we have to finurus some things out team, and we have to figure some things out
still The yer working bard .....
The plan to throw flypaper in the path of


 points, and tio manss 1 n wednesay night
Alton got to many layus and fast-break
pints points. You have to make those teams make
baskets rrom outide. The kids worked hard
and did a pood iob. and did a good job.". Warriors with 21 point
Zack May led the Zack May led the Warriors with 21 points.
Mat Pstorius had 18, and Teddy Wallace contributled nine Justinn Slay added 10, while
Brandon Smith had five Later that evening Granite used a late
surge to take Okawville to overtime before
 Vanbuskirk said - It was just the exact oppo-
site of the Canokia game. We were slugith
 started to play some man-to-man defense,
which picked us up
-We outscored them $20-8$ in the fourth We outscored them $20-8$ in the fourth
quarter But on overtime we only scored two 3-point field goals. They only had one field
ooal, but they made their free throws when
icounted May again led the way with 26 pints.
Pistorius threw in 18 and snatencd six ebounds for Granite City, who fell to $1-3$ on The Worriors will head to Edwardsville
The What
Friday night. The Tigers Iost center Dan Friday night The Tigers lost center Dan Mat Allaria to run the show VanBuskirk said. "They are well-coached
and they will present us with problems. The will play hard man-to-man defense, the y do a
lot of switching and different kinds of things, ot of switching and different kinds on thing
which cathes thgh-school kids trouble That
s something that we have to is something that we have to work on. The
will have real good set plays, and we will
ave to prep will have real good set plays, and we will
have to prepare real hard for them this
heek on
seed the Tigers at No. 4. But the Tigers caught the
upset in the frrst round of pool play and in the the
process, ruined the Warriors dreams of repeating
p. process, ruined the Warriors' dreams of repeating
the title they won in 1998 , their first year of exis-
tence. We carried the same effort that we had against Alton into the Edwardsville game,", Sollberger said. We got behind $1-0$, bot then we sored
it, and we scored three more to make it $4-1$ Edwardsville was coming atter our goalie
(Brandon Rollins), which is the same tactic they
Brandon Rollins), which is the same tactic they
used wast yeared them from the front of the net an We cleared them from the front of the net and
took some penalties. They made it $4-3$ by the end of cook some penaties These Forrester and Brett
the seemed, but Lelke the third. Sollierger 'scored in the third,",
" $W_{\text {every aspect of the }}^{\text {e dominated }}$
game.
Paul Sollberger
|llinois Warriors coach About his team's performance vs. Alton
Ficker added another for the Warriors, who raised Ficker aded another $3-1$ with the victory,
their season record to
use wanted to come out and control the game, Sollberger said. "Last your we handled the game,

## Warriors have talent to spare in program's 2nd year

GCHS wants to roll into state tourney By Rick Broome
Staff writer

| Granite City's girls bowling |  |
| :---: | :--- |
| GIRLS | $\begin{array}{l}\text { team } \\ \text { hopes to }\end{array}$ |
| strike pay |  |

The squad in place has
already experienced some suc-
cess, beating Belleville West $33-3$ cess, beating Belleville West $33-3$
before a packed house. The two
girls at the top of the Warriors before a packed house Warriors
girls at the top of the Wat
line-up have jumped out of the line-up have jumped out of the
gate
-Shelly Pulaski is our top gir
coach Bilt Puhse said "She did-
nt bowl the entire season last
year, but we look for a strong year, but we look for a strong
season from her. She bowled a
110 game against BeHleville West season from her. She bowled a
210 game against Betteville West
-Ashley Reynolds bowled a Ashley Reynolds bowled a
590 series, with a 235 at the end 590 series, with a 235 at the end
She struggled to begin with, but
we got it straightened out. She we got it straightened out. She
established a 196 average, whic established a 196 average, whic
is pretty good. She is the only The rest of the team brings a and rancie pavis lookec good
 same (Jubiors this Mearan Ryan.

$\qquad$
 ant tisy year she deciodod totry
 Citve, the the tromenam at Granite conterence This year's team

Sports

## Daubach deserving of grand marshal

 selectionAs I watched the parade tha
annually introduces the
Christmas holiday season to Belleville, I agreed wholeheart
edly with the selection of Brian
隹 edly with the selection of Brian
Daubach as grand marshal.
No wonder Santa Claus also No wonder Santa Claus also
was featured in the parade:
Daubach,

 | Art voellinger |
| :---: |
| Sports |
| Views | Red Sox

prior to the
2000 season. Belleville West standout bounce
from nine years of minor league
experience to a season in which
he hit 294 with
 reach postseason play before
losing to the eventual World
Series champions, the New York Yankees'
If reduced to $\$ 1$ bills,
Daubach's next salary would
more than fill Santa's bag, an more than fill Santa's bag, and
even St. Nick should be able to
list the good from Daubach's
season: - Second on the Red Sox in
bating average and third in
home runs and RBI; home runs and RBI;
© Second on the team in slug-
ing percentage (.562) and third
in on-base percentage (.360): in on-base percentage
Elifth on the team in dou
And ail that achieved in just 381 at-bats.
Daubaeh hit 333 with runners
on base, and 296 when he batted
third - where he was used most third - where he was used most
often as the designated hitter.
My bet is Daubach, who will
turn 28 on Feb. 11, will more Murn 28 on Feb. 11 , will more
than double his major league
minimum salary of $\$ 200,000$ of last season. That's a lot of
grands for Santa's grand mar-
shal. Extra innings City Sortball to tastpe Belleville
official Neal Schote, shortstop
Robby Hill of the ch official Neil Schott, shortstop
Robby Hill of the champion
Outlaws (11-4) led the South
Side Park loop in hitting ( 478 ) Side Park loop in hitting (.478)
runs (17) and hits (22). Outfielder Roland Fleteher
( 454) of the Mules led in horme
rums with four while Jim runs with four while Jirn
McDonnough of the Celtics had
14 RBI and Bobo Ruelen had
three triples Mart Mason of the Celtics led
Mitchers with seven wins while pitchers with seven wins while
Ron Ames of the Stallions was
the earned runs leader at 0,84 . Tip off Unless you really look for it
you minht not notice a change in hhigh school basketball procedur
this season that will come prior to each game that's when the captains and coaches of the respective teams
will meet with game officials in what appears to be a sportsman
ship gesture as well as a rules
clarification effort clarification effort -It probably will be done in front of the scorer's table," said
OFallon coach Kevin
Kellerman Kellermann, who seemed more
concerned with two other changes for the $1999-2000$ season
Both are related to freeBot shooting, although one
throwcerns a floor marking and the other a player marking and
he first case, a line hasent. In been added on eathe, a line has been
adde of the bot-
tom of the free throw lanes. "Il's meant to keep players so they cannot thrust the blockelves
from a spot further beneath the rom a spot further beneath the
basket and jump into the lane for a missed free throw,- said a playper frontly, it will eliminate
ing edge, but if a play a rebounding edge, but if a p payar wound
jump in like that and make con tact, he'd actual and be fouke con-
In a change to how the rul was applied a few yow the rule
players now canno players now cannot enter the
lane on free throw attempts
until the ball has hit the until the ball has hit the rim.
-That rule had been chan from allowing movement when the ball left the shooter's hand
Reverting to the old rule should Reverting to the old rule shoul
eliminate some of the contact.
said Kellerma said Kellermann.


## POEFES Cardinalas PHillumbNuen

## Fine season

A Columbia girls softball team finished 7-2-1 this season in the Kirkwood Athletic Association. Members of the team are (from left): In front - Megan Floarke, Tori Osland
Jill Dougherty, Whitney Mardirosian, Jessica Nordike; In back - team sponsor George Jill Dougherty, Whitney Mardirosian, Jessica Nordike, in back - Ieam sponsor arror, Dana Schlemmer, Lacey Huebner, coach John Dougherty and coach Rob Mardirosian Absent from photo: coach Jim Harres, Jill Steele and Danielle Monro





Prep basketball


## Warriors open season strong under Kirgan

66 T was a little rusty that

1 first match, but as young as we are, it was expected to be that way. We looked a little better the next night against Centralia and Carbondale. $\qquad$ Allen Kirgan
Waririors coach



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## Illinois Warriors win 2

## Continued from Page B1

 Edwardsville in two regular season games and then lost tothem in the playoffs. We wanted to use that as as remininder to the
tides. We carried the effort from kids. We carried the ef
the win against Atton.
We were somewhat short-

will be upbeat to play us,
Sollberger said. They beat
Betherge Solliberger said They beat
Bethatoo last Wednesday and Bethait last fednesclace. They
that put us in firs plat
have their sights set on us, and have their sights set on us, and
we have to carry forward. -We are in the tough part of
our schedule with Alton our schedule with Alton, Edwardsvile, Marquette, and
then Edwardsville again. There are no soft spots. December is a
very tough month, and we have very tough month, and
to stay on our game."

## Girls aim for state tourney

Continued from Page B1
better bowlers. I think we will
be force to be reckoned with in be a force to be
our conference.
"Kristin Stovall qualified for
he state tournament as an indihe state tournament as an ind fifth in the sectional tournamen. chance to be wirst or second in chactionals and take the whole team to the state tournament. I
think we have a real good shot of
defense. We got an excellent playing with a pulled groin and playing with a pulled groin and
got two goals despite that. got two goals despite that.
Brandon Rollins played well in

Next up for the Warriors
rematch with Alton Marquette,
who the Warriors handled two
who the Warriors handled two They have Scott Werner,
to face Cahokia Tuesday at
home lanes of Bowland. They

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Bank Repossessed Cars to be Sold Directly to the Public Local Itlinois Dealership Disposing of 121 Bark Repos arad Other Used Vehicles for Only $\mathbf{S 9 . 0 0}$ Then Start Making Payments*

 among the most hunted-for the automotive other pre-owned vehicle will be have over $\$ 4$ million in
bargains in the
industry. Unfortunately for John available for just $\$ 9.00$ and fingncing availabbe for this
Q. Public, they're also the normal fees then start making event, so chances are we can
toren


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## ${ }_{5}^{\text {sod }}$







 of profitly, And if it that means
selling these vehicles for near or


## Entertainment

## Movie listings

Film timetable for Wednes-
an day, Dec. 1. For times on
other days, or to confirm thes times, check local theaters. CARMIKE PETITE I-70 and Hwy. 157,
Collinsville, III. $344-1708$ Pokemon (G) 7:15
The World Is Not Enough (PG-13) 7:00 2 (G) 7:05
Toy Story
Sleepy Hollow (R) $7: 10$ EASTGATE CINE 54-5289 -a, Alton, III. and times
COTTONWOOD
Edwardsville, III., 656-6390 Check theater for shows and times
GALLERIA 6
3722 St. Louis Galleria, 721-
Anywhere But Here (PG-13)
00, 5:40, 8:15 Toy Story 2 (G) 1:30, 3:40,
Toy $50,8: 00$
Toy Story 2 (G) 2:20, 5:00, Pokemon (G) 1:40, 3:45 Pokemon (G) 2:30
Poken American Beauty (R) 5:30.
A0 The Insider ( $R$ ) 1:30, 4:40,
$7: 50$ HALLS FERRY 14 CINE
2600 Target Drive, $822-$ 2463
End Of Days (R) 4:25, 7:00
$9: 35$ 9:35 Toy Story 2 (G) 4:45, 7:05 Bats (PG-13) 4:45, 10:00
Music Of The Heart (PG) Music Of The Heart (PG)
$7: 15$ $7: 15$
Sleepy Hollow (R) 4:50,

House On H
5:00, 7:00, 9:10 5:00, 7:00, 9:10 4:45, 7:0,9:55 The World Is Not Enough
(PG-13) 4:30, $7: 05,9: 40$ LeG-13) 4:30, $7: 05,9: 40$
$9: 25$ Light It Up (R) $5: 20,8: 00$
Sixth Sense (PG-13) $4: 55$ 7:40, 10:05
The Bachelor (PG-13) $5: 10$ 7:35, 10:00 The Best Man (R) 4:40, 7:20, $9: 50$
Pokemon (G) 5:15, 7:30, 9:30 The Messenger (R) 4:35, LINCOLN THEATER LINCOLN THEATER
103 E . Main, Belleville, ili., 233-0123 Blue Streak (PG-13) 7:15, 9:15
Runaway Bride (PG) 7:00, 9:20 Adventures Of Elmo In Grouchland (G)
Chill Factor (R) 8:0
8:45
NAMEOKI CINEMA 6630 Nameoki Village, 877 Check theater for shows
and times and times
O'FALLON 15 GINE 1320 Central Park Dr O'Fallon, III., 8222-2463
Dogma (R) $1: 30,4: 30,7: 0$ 9:30 The World Is Not Enough PG-13) 1:00, $4.00,7: 00,9: 35$ PG-13) 2:15, 5:00, 7:50 The World is Not Enough PG-13) 2:45, $5: 00,7: 50$
Toy Story 2 (G) $2: 30,4: 50$, TOy Story 2 (G) 1:00, 3:20, T:50, 8:10 Story 2 (G) 1:45, 4:00, 6:10, 8:45


MADISON COUNTY

# WHAT'S HAPPENING 

| B7TLhatiy prothes <br> 2 Great Skating Packages Skate Corral 656-1136. | American Legion Flea Market 1022 Vandalia Sun, Dec 5ill -9-4 W/BEANIE BABIES TABIES AVAIL - CALL BUD 345-2508 |
| :---: | :---: |
| CHAR <br> grand canyon $\square$ 9/Days 5/23/00 $\$ 935 \mathrm{~d}$ FALL FOLAAKE 10/Days 10/23/00 \$102 | BROWN TOURS URS FOR 2000 NIAGARA FALLS Days $9 / 14 / 00 \$ 625 \mathrm{~d}$ |

5:00, 8:05 1:00, 3:20 Bone Coilector (R) 1:30, 4:10, 7:15, 9:40 (R) 2:45,
Bone Collector (R) 5:15, $7: 45$
The Best Man (R) 2:50, 5:20, $\begin{aligned} & \text { Bringing Out the Dead (R) } \\ & \text { 2:15, } 7: 00\end{aligned}$ 2:15, Th: Story Of Us (R) 4:40, 9:25 The Insider (R) 2:00, 5:00,
8:05 8:05 Sixth Sense (R) 1:30, 4:20, 7:00. 9:25
ROXANA CINE THEATER Roxana, III., $254-6746$
Check theater for shows Check th
and times
ST. CLAIR 10
50 Ludwig Drive, 822-2463 50 Ludwig Drive, 822-2463
Pokeman (G) 1:00, 3:15, 5:30, 7:45 (G) 2:00, 4:15
Pokemon (G) 6:30, 8:45 End Of Days (R) 1:15, 4:00, 7:15 End Of Days (R) 2:30, 5:30 House On Haunted Hill (R)
1:00, 4:00, $6: 30,9: 00$ 1:00, 4:00, $6: 30,9: 00$
Sleepy Hollow (R) 1:10, Sieepy Hollow (R) 2:10, 4:30, 7:00, 9:20
Double Jeopardy (R) 1:20, 4:20, 6:50,9:20 $\begin{gathered}\text { The Bachelor (PG-13) 1:05, }\end{gathered}$ 4:15, 6:40, 9:15 Light it Up (R) 1:25, 4:05,
$6: 45,9: 10$
SHOWPLACE 12
6633 Center Grove Rd.
$659-7469$
Check theater for shows and times
WATERLOO CINEMA


Collimsville Wal Mart Safurday, November 27 $(6)$ Holy Rosary Parish Fairmont City BIINGO Every Friday Night 7PM-101PM




Much of the dialogue is


But the devout need not worry Bocalypse. The film's cardinal sin it its apocalypse. The film's cardinal sin is its unevenness: It starts out enormously funny and then grinds to a halt without ever regaining momentum.

TUNCA, MS




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This New Feature Will Offer Listings For Special Events In Your Local Area. Call 344-0264 Ext. 133 To Place Your Ad.

## 'Dogma' release creates controversy with faithful




## News

## Santa visits Triangle Park

Santa came to town Saturday evening to the delight of hundreds of fami-
lies who flocked downtown see the jolly old man and Mrs. Claus ride in on a horse-drawn carriage. Thousands of lights lit Triangle Park as many chil popcorn as they waited for their turn to chat with the man from the North Pole.

GCHS to host annual Christmas Concert

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Earn the Bachelor of Science Degree in Organizational Leadership...in Belleville beginning April 2000.

## 

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The event was part of Santa's Holiday Avenue project and featured Elvis impersonator Steve Davis, who had the crowd clapping and singing to Elvis songs. talented juggler fascinate skills as Mickey and Minnie

Mouse and Rudolph the red nosed shook hands with
moms, dads and the kiddies

Santa and Mrs Claus will in town at Santa's Cabin from 5 to 8 p.m. Thursdays and Fridays and from 1 to p.m. Saturdays and Sundays until Dec. 23.

## Fresh-Cut Trees

by the experts at

## FRANK'S NURESEIY B GRAFTS

 Whene-Brantifue Things-BeginF$1 \begin{aligned} & \text { or a traditional } \\ & \text { Christmas, } \\ & \text { nothing equals a } \\ & \text { real, fresh-cut }\end{aligned}$ christmas tree. From choosing the perfect one to the excitement of
bringing it into the house bringing it into the house the rich aroma, well nothing more needs to be sal.
Frank's stores carry a fantastic assortment of
fresh-cut trees. All you have to do is stroll through and pick out that "perfect" one, the one
that seems to have your that seems to hay When selecting a tree, looks muchs smaller out in the open. That "perfectsize" specimen in the yard
may end up overpowering everything in your house once you get it inside. Determine your space requirements ahead of

After you've chosen the
run it through a baler if you wish. This makes
easier to handle and transport. When you get the tree
home, don't be in a big hurry to get it inside. The kids may have other
ideas, but it's.best to keep it in a cool area until
youre ready to decorate it. This is best done by
placing it in a basement porch or other cooler area overnight
There are still three to. First, saw an inch or
off the bottom of the trunk before placing it in
the tree stand. This helps he tree absorb water, which it will do quickly
during the first 24 hours. Bring the stand to the ree, not vice-versa. The tree's trunk may be too
big for the stand, and it's no fun discovering this metmans ion biven manan down to size.

Frank's . . . America's \# 1 Lawn \& Garden Store For Fifty Years!

Watch Sunday's Journal for more tips from the experts at Frank's!

Place a tree removal bas
under the tree before setting it up. This will make it much simpler when the time comes to
take the tree out. It will take the tree out. It wil
eliminate most of the mess; the trail of needles from tree site to door.

When you finally get the ree up, make sure it
straight as possible. straight as possible
Enlisting the help of family members is a mus here. Once it's as good as it's going to get, make sure it's secure and will not be in any danger of tipping.
Keep the tree as cool as possible, and away from registers and radiators.
Water it well. A new tree Water it well of water the first 24 hour It'll slow down after that. but will still need to be watered every day. Tree preservatives that are
mixed with the water are available, and they'll help keep the tree fresher

Never use any damaged light sets on the tree. Toss small expense is nothing compared to the potentia danger.
always unplug the lights when you leave the room or go to bed.



Windshield Washer Fluid Per 99 dilo



## RV

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$\$ 297$
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: 396
Per Qt.
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$10 \mathrm{~W} 40,15 \mathrm{~W} 40$
Motor Oil Wolf's Head 5.99

WOLF'S HEAD DEXRON III Transm ${ }^{\text {Fituld }} 19$ Transmission Fivid 79

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## Tedays Food

Wise Ways
Computer cookboaks


Father Dominic Garramone baked bread for fans of his 13-part PBS series, "Breaking Bread With Father Dominic," at a standing-room-only appearance at Dierbergs Markets, Clarkson-Clayton School of Cooking. He is a monk at St. Bede Abbey in Peru, ill.

## Fans like show better than sliced bread

By Janice Denham
Staff Writer
Father Dominic Garramone On his first outing as a celebrity chef on public television, he
packed he house Nov 18 at packed the house Nov. 18 at
two locations of the Dierbergs School of Cooking.
Fans trought cameras. They
ntroduced him to their children. One wrote a thank you note hing," he said the next day. In fact, he almost turned down the series before it started.
When a friend recommended him for a bread-making show for public television, the idea of being
the featured performer did not proof well. . was ready to tell them no. said Ultimately the opportunity to

drama teacher adds to his appeal. $\begin{gathered}\text { "I do a lot of reading, a lot of } \\ \text { A Benedictine monk at St. Bede } \\ \text { research, then I test whether I like } \\ \text { certain seasonings," Father }\end{gathered}$ A Benedictine monk at St. Bede
Abbey in Peru, III, since 1983,
Father D Father Dominic was ordained a
priest in 1992 . He chairs the priest in 1992. He chairs the recipion depare at the monastery's co-ed
srep school. He also heads the prep school. He also heads the theater program at the school
He loves his fraternal and He loves his fraternal and
prayer life at the abbey. His brethren are not shy about their
appreciation of his bread baking, appreciation of his bread baking including homemade pizza night
and Hog Bottom Rolls to go with leftovers on Thanksgiving night.
"It is one of the most ancient prepared oneods. Bread is the fient
thirst
thing we needed a recipe for. It is thing we needed a recipe for . It is
so much a part of Western culture
for literally a millennium, so much a part of Western cultt
for literally a millennium," he
said. Before he took the name
Dominic, he was Michael Patric Knead with Danish and Austrian
strains and the mixture overflows He admits he is more likely to
cook Italian breads than others.
certain seasonings," Father
Dominic said.
Bread for him is more than something to go with bologna. He is delighted that a basic "to make it less intimidating, more like a friend coming over on He wants to share the charm
and delight of making bread. In and delight of making bread. In hise with, bread machines, although
ue hopes people take the time to he hopes people take the time to
enjoy baking it from scratch. enjoy baking it from scratel. the dourh in your hands and manipulating this thing as it
comes to life. Then there is the
sense of care and concern when sense of care and concern when you put a blanket over the top an
see how it comes out," Father
Domic said Dominic said to keep his breadbaking life in perspective, but
admits it can antilenget a challen
"I keep a little notebook in m
choir stall. That's a specific place where I sit during prayer Sorm
times solutions for 'Breaking Bread interrupt my prayers If I He finds two "mysteries" for
bread bakers are the yeast and the kneading. (used to dissolve the yeast I should never be warmer than what you would put a baby
into for his bath - lukewarm, into for his bath - lukewarm,
body temperature. The optimum is 100 to 110 degrees, that kind
comfort lever the Irish call blood-heat',"
Kneading should be more of massage" of the dough than a Father Dominic even now bakes
bread three or four times a week or - I almost go into a withdrawal." He uses a rolling pin with big
dots his father, a woodworker in dots his father, a woodworker in Inside TODAY'S FOOD Page 2

## AnapppM creace simunalke

 Prepare whole wheat or other pancake mix accordingto package directions. For every 4 pancakes, add $1 / 2$ teaspoon cinnarnon to the batter.
Cut each of 2 cheddar cheese sticks into 16 slices (about $1 / 4$ inch thick).
Heat griddle or large nonstick skillet over medium Heat griddle or large nonstick skillet over medium
heat to 350 degrees. For each pancake drop $1 / 4$ cup
batter onto hot gridlle. Cook 2 to 3 minutes until bottom heat to 350 degrees. Fior each pance 2 minutes until bo
batter onto hot griddle. Cook 2 to 3 might
is lightly browned. Turn over. is lightly browned. Turn slices chediately pace 8 slice
nose and smiling mouth. Cook about 2 minutes longer until bottom is lightly browned and
pancake is puffed. pancake is purfed.
Transfer face-side up to
warm plates. warm plates.
Serve with applesauce
tinted with red food coloring.

Cuisine


## Food\&Mutnition

Heart-y Bites
Sweet and flavorful breads offer sweet enjoyment. iNSIDE

Blue Ribbon Cook Pasta and leftover turkey get flavorful boost from INSIDE

Private Label Test Run Cranberries make flavorful impression in cider and applesauce.

## Micro Raves

Appetizers that go from freezer to microwave oven delight the partying cook NSIDE

Lively Taste Greek flavors wrap up chicken in
tortillas. Marinate 2 chicken breasts in 1/4 cup Italian salad dressing at least 2 hours, as long as overnight
Mix $1-/ 2$ teaspoons minced garlic and $3 / 4$ teaspoon onion powder into $3 / 4$ eup sour cream. Combine $3 / 4$ ounces) chopped black olives
(drained), $3 / 4$ cup peeled, seed (drained), 3,4 cup peeled, seeded
and chopped cucumber, 1 tablespoon fresh lempen juice and $1 / 2$ cup sour
cream mixture. Broil chicken, let it col, cut it. in very thin strips.
Spread each of 4 arge tortilas with tablespoon sour cream mixture. then 2 cups mixed salad greens
between tortillas. Fold in sides, then between tortillas. Fold in sides, the
roll up tightly. Cut diagonally to
serve. Makes 4 servings.

## Health \& Fituess

Medicine Chest
Aspirin affects women
differently than men.

Fresh Picks
Winter squash store much longer
than their summer cousins, zucchini and pattypan. Thick skins protect
the denser flesh, which also has less water content. Whether the squash banana or delicata, it is easy to the seeds and fiber. Add a touch of butter or margarine, something
sweet (honey, brown sugar, mapl syrup or pancake syrup) and then some spice (cinnamon, nutmeg,
ginger). Add a little water to dish and cover it with aluminum foil. 3 Bake in a preheated 350 degree o 30 to 45 minutes if vegetable is
small, up to $1-1 / 2$ hours if thick

## Big Fat Tip

Festive holiday foods can tune into people sk rye cocktail bread instead of high-fat crackers or vegetables, such as carrots and
bef peper, to dip in a blend of plain yogurt or nonfat sour crear flavored with soy sauce, curry
powder and low-fat mayonnaise.
For a different dip hlend drained powder and low-at mayonnase.
For a different dip, blend drained
choped pimento, black pepper. chopped pimento, black pepper
orefano and chopped parsley into whipped low-fat cottage cheese.

## Future Shop

Sales of sake, wine made from
rice, grew 300 percent last year. Gri rice, grew 300 percent last year. Gri
Frost, co-author of -SakePure + Simple" (Stone Bridge Press, $\$ 8.95$ )
and president of Sakeone in Oregon and president of SakeOne in Oregon,
says the increase is attributable to premium sake. Unlike grape wines, sake has no sulfites and half the
acidity. Sake infused with Asian pear thazelnut, black ${ }^{\text {are therry and yuzu }}$ are the "trendiest," he says. Good
sake always is served chilled in a sake awways is served chilled in a
wine glas or over ice. American
taste buds usually do not like sake tase buss usually do not like sake
by reputation served hot. Most U.S. by reputation served hot. Most U.S.
states require sake makers to hold a
winery license but the fer winery license, but the federal
government looks on it as a brewery

## Tolay's Food

## Colorful cranberry gives unique tang  <br>  <br> berry crangeririse bernies buct stat witiman ac overly pureed. The cranber- ries give plain applesauce gorgeous color and more interesting texture," she A tester of the cider said the cranberry flavor gives the cider a tangy new taste Another's impression tha the cranberry flavor did not overwhelm the cider was a plus for it because it would <br> | appeal to thase who enioy |
| :---: |
| cider more than anyone who | like traforities nict alter  She said $A$ ther tester said The   wast inition sweet ive an 

## Father Dominic



## Local recipes headline

 cooking shows Saturday$\qquad$

Anna Jaeger Shifman,
Louisiana, Cranberries in Louisiana, Cranberries in
Port Wine; Danny Venable,
Fenton, Morning Sunrise Pie Fenton, Morning Sunrise Pie and Roslyn Wahlbrink, St.
Louis County, Turkey Alpine Casserole.
Viewers who make a membership pledgee of $\$ 40$
receive the cookbook as a
${ }_{\text {Fift. }}^{\text {recer }}$ gavorite quick and easy recipes were requested thi
summer for the cookbook A similar program in and recipes from the book:
Colleen Dempsey Dotson of St. Louis; Kathleen Fauke Germantown, III.; Idelle Hirsch, St. Louis County;
Courtney McIntyre,
Bridgeton; Rose Notheis, Louis, Shannon Oliveri,
O'Fallon, Mo.; Barb and
Abby Razer, Sparta, III. Abby Razer, Sparta, III.
Dave Reddick, Kirkwood Maria Seidelmann, St. Louis
County; and Robert Skaer County;
Bellevilie.
coop out small sections for ominic expendes. Father or tie together candles of
different length in the cen

| differ |
| :--- |
| ters. |

basic sweet douah FOR BRAIDED LOAF
$1 / 2$ cup warm water
(100 to 110 degrees) 2 prg. dry yeas
$1-1 / 2$ cups milk
$1 / 2$ cup $(1$, stick $)$ but
(er, $\operatorname{cut}$ in $s m a l l$
per
pectes
egse beaten
12 cup sugar
${ }_{2}^{2}$ tsp
 desired

In large mixing bowl, add yeast to warm water. Let
stand 5 to 10 minutes until foamy, In small saucepan, heat II smal saucepan, heat
is almond buter until butter
is melted. Cool until is almost meted. Cool un
lukewarm.
Stir in in
eggs, sugar and salt.

 Turn dough ont lightly minutes, adoding enough moderately stiff dough that is smooth and elastic. er surface lightly and place ter surface lightly and place
in clean bowl. Cover with
towel Let rise in warm double in size.
Braided Loaf: Divide dough into 3 equal pieces. rope. Braid ropes together tucking ends underneath. Place on greased baking
sheet. Let rise, covered, sheet. Let rise, covered, in
warm, draft-free place about
1 hour until doubled in size. Just before baking, using soft pastry brush, brush
egg, beaten over dough.
Bake in preheated 350 degree oven 45 to 50 minute until golden brown and loa If dough begins to brown too quickly, loosely cover top with aluminum foil. Remove
from oven. Use baker's peel from oven. Use baker's pee
or 2 large spatulas to move
braid from pan to cooling rack.
When cool, drizzle or brush warm loaf with glaze
( 1 cup confectioner's sugar sifted, and 1 to 2 tablespoons Garnish with almonds.

Cook looks for recipe with scroll and mouse

By Jananne Finck
 er screen to help prepar Cooking software has years, but interest is mushThis may be due to the num
ber and variety of computer er and variety of computer programs and managing recipes The software selection
ncludes features that shoul ncludes features that should teur and professional chefs aur an
When deciding which program to buy, consider more
han the price tag. Check than the price tag. Check
program options. Some basi
cally give recipes,' while oth ally give recipes, while oth
ers include numerous mouth-watering' features In a recent search of cooking software, programs
were found to include meal planning tips, development of shopping lists, nutrient analysis of recipes and a
glossary of culinary terms. lossary or cuive option is
An attract
iden inserts that illustrate food preparation methods. Some preparations boast the ability to adjust recipes to
the servings needed, which
helps those challenged by
the mathe A arger program has
more than 6,000 recipes, an otpion to, add favperite recipes to the database
Other programs are not Other programs are not
shor ors
inmpines
ind impressive 10000 Some trad cookSoom pubirabitiononal cookwore versions. Whether thi
wrend is driven by the the trend is driven by the con-
sumer or the market, the sumer or the makket, the
food ind
nextry
is take new approach to "cookboons
serioushese
These tips can help anyone shosppins for heol food prevaration and recipe software
prod programs:

- Check minimum co puter requirements to use and enjoyment. For needed for video inserts Minimums are listed on the outside of software package topics. Kids' cooking,
healthy lifestyles, gourme foods, specialty diets (diabetes, vegetarian, interna
tional foods and beverages are offered in diverse programs. Prices in this com$\$ 45$. Practice comparison shopping. I found the same different prices, with two sources offering a signifi-
cant rebate. Final cost aft cant rebate. Final cost after enough to buy two - one to

After all, 'tis the season and new ideas, like this one are always welcome for th Certified food and consumer scientist Jananne Finck is nutrition and ness educator for the Extension Center in Springfield

## PINEAPPLE

 CHEESE BALL
## 2 pkg. (8 oz. each)

can ( $8-1 / 2$ oz.) crushed pineappl in juice, tbsp. chopped ${ }^{1 / 4}$ cup chopped /4 cup chopped green 2 tbsp. chopped onion 1 tbsp. beau monde seasoning
1 cup chopped nuts

Mix together cream cheese, pineapple, pimento, green pepper, onion and se Chill 30 minutes. each cheese ball in nuts. Each ball serves 8 . Makes 16 servings; 90
calories, 3 g protein; 5 g carbohydrate, 7 g fat, 8 gmg
cholesterol and 78 mg sodicholester. Food exchanges:
$1 / 2$ meat, 1 fat.

## Quick breads bake sweet fruity favorites of holidays

| By Margaret Vap Correspondent |  | PUMPKIN BREAD |
| :---: | :---: | :---: |
| Holidays are a time forheart. Gifts and greeting the heart. Gifts and greeting cardsexpress heare, happi-sages of love, peace, |  | ${ }^{2 / 3}$ cup brown suyar |
|  |  |  |
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| Heartix mim |  |  |
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| concern by baking hearthealthy treats, such as fruitfilled quick breads |  |  |
|  |  |  |
| lyate auter mixasis, bake "quither than waiting for fermentation |  |  |
| from yeast. Baking powder and baking soda provide airand steam when heat from |  |  |
|  |  |  |
| and stean activatees them the Pumpkin bread is a tasty |  |  |
| example of how nutrientcombined to provide nutritive bang for a sweet invest- |  |  |
|  |  |  |
| ment. $\qquad$ |  |  |
|  |  |  |
| ed entirely. Modify favorite older recipesby one-third. |  |  |
|  |  |  |
| Replace highly saturatedfats, such as butter and fats, such as butter andmargarine, with vegetable oils, canola will is a geocad choice |  |  |
|  |  |  |
| The more monounsaturat ed fat in the oil, such as incanola oil, the better it is for the heart. |  |  |
|  |  |  |
| Using 2 egg whites egg saves cholesterol For every egg' |  |  |
| Cheese replaces cookies for Santa |  |  |
| Mrs. Claus wants Santa year on his rounds <br> Christmas Eve. Lots and lots of cheese. She thinks it will give him more energy than cookies. Children should have their own ideas of why he should make the switch. Anyone age 10 and under |  |  |
|  |  |  |
|  |  |  |
|  | Suburban Journals by |  |
|  |  |  |

## Takn's Food

## Party with the cook for kitchen secrets

By Barb Gray Correspondent<br>Giving a party ca MIGRO RAVES

strips or with their edges friled by a peeler gives Quarter cherry tomatoes and lay in patterns on top of sal-
ads. ads. in patterns on top of sal-
Set up a smothSet up a smooth-flowing
buffet line. Not only food, but buffet line. Not only food, but
glassware, plates and utenglassware, pla

## Appetizers sets the tone of a party. They should whet a party. They should whet

 the appetite and even giveenjoyment before a meal. Sausage and Spinach Balls, from the Microwave excellent to make ahead and excellent Label and seal them
freze. Land carefully. Certified family and con sumer scientist Barb Gray specializes in microwave

SAUSAGE BALLS<br>1 pkg. ( 12 oz .) bulk

pork sausage 3/4cup seasoned
bread crumbs bread crumbs
$1 / 4$ cup grated parme san cheese parm
san 1/8 tsp. ground red pepper
1 tbsp. parsley flakes 1 tbsp
2 eggs

Crumble sausage into
microwave-safe colander sit microwave-safe colander sit microwave-safe pan Ming in microwave-safe pan to 4 minutes until sausage is no longer pink, stirring
break it apart. Stir in crumbs, cheese, red pepper parsley and eggs. Shape into balls about
inch in diameter. Place on waxed paper-lined baking sheets. Cover. Freeze overnight. Pack in freezer
container and label. Freeze container than 2 weeks.
no longer
To serve, place half the balls at a time around edge
of paper towel-lined 12 -inch of paper towel-lined 12 -inch
serving plate. Microwave on

# KEEPSAKE COUNTRY SHOWs 

8th Anmual Christmas Art \& Crait Show December 10, 11 \& 12, 1999
Se. Sharies Eeciter
1-70 a fitith St. - Fri. 9:30AM-9:00PM - Sat. 9:30AM-5:30PM - Sun. 11 AM-5PM Jiximake Your Toys For Tots Donations (tu) Bring An Unwrapped Toy

| KLOU OLDIES 103.3 ROCKIN RICKY SANBORNE <br> SANBORNE Sal 11AM-1PM <br> Sat IIAM.PM |  |  |
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| Chicago............... $\$ 26$ | Amtrak ${ }^{\text {® }}$ <br> ARRIVE IN A DIFFERENT STATE. |

high power $1-1 / 2$ to 3 minutes until heated and firm to the
Makes 4 dozen.

| SPINACH BALLS |
| :---: |
| ${ }^{1} \mathrm{pkg}$. ( 10 oz ) frozen <br> $3 / 4$ cup (3 oz.) shred ded Swiss $^{2}$ cheese <br> 1/4 cup dry bread <br> $1 \begin{aligned} & \text { tbsp. grated parme- }\end{aligned}$ <br> san chese thsp. grated onion <br> $1 / 2 \mathrm{tsp}$, salt 1 egg, beaten |
| Microwave package of spinach on high power 4 to 5 spinach on high power 4 minutes until defrosted. Drain, pressing out exces liquid. Mix with Swiss cheese, crumbs, parmesan, onion, salt and egg. |

Shape into 1-inch balls.
place on waxed paper-lined Place on waxed paper-lined
baking sheet. Cover. Freeze overnight. Pack in freezer
container and label. Freeze container and label. Freeze
no longer than 2 weeks.
To serve, place all spinach
balls on paper towel-lined balls on paper towel-lined serving plate. Microwave
high power 2 minutes.

Reduce power to medium
( 50 percent) power.
Microwave $4-1 / 2$ to 6 minutes until hot and just set, rear-

Makes 2 dozen. Recipe can be doubled, but only 2 dozen
should be cooked at one time.

Aspirin relieves head and heart aches

| By Rebecca Coley Correspondent | pery" so they do blood vessels. Ef |
| :---: | :---: |
| Good old aspirin is one oldest pain remedies | so clotting still occurs side the vessel, such a |
| ed today. In spite of its age a | the case of a finger cut. Because of these effects, |
| EDIGINE CHEST ${ }_{\text {competi- }}^{\text {com }}$ | or |
|  |  |
| that |  |
| effects, its | Althpugh |
| to to mount. | Although scienti |
| elieving | should take |
| hg and brin | too early to tell. |
| as the first | Recently, more th |
| of | 79,000 women were follo |
| na | ver a 15 -year period. |
|  |  |
| tors in this class of drugs | naires that included que |
| profe | tions about aspirin use. Researchers observe |
| unique effects on platelets | that women who consume |
|  |  |
|  | had |
| with other substances to | st |
| form clots wh |  |
| s are cut. | 15 aspirin |
| Blood clo |  |
| some | by bl |
| owever, they are not help | In this stud |
| when they travel throu | not take as |
|  | they alr |
| mage the heart, the lun | stroke or heart |
|  |  |
| hen a blood clot tra | ing aspirin may be benefi- |
| rough the body, it can | cial in |
| naller vessels and | have a stroke or heart |
| keep oxygenated blood from | ack |
| going further. The tissue | This does not change th |
| the other side of the clot | fact that aspirin can irrita |
| starves for oxygenated blood | the stoma |
|  | le are allergic to it. Peo |
| p. This is perceive | taking other medication |
| There are many reasons | must consider drug inter |
| y these clots form. |  |
| reventing clots is im | It is too early to tell if |
| tant in people predisposed to | everyone should put an |
| them, like those who have | aspirin on the |
| suffered heart attacks and | Ho |
|  | about the matter should |
|  |  |
| Seep platelets | this might be beneficial |

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The Clinical Research Associates of Edwardsville need volunteers, ages 18 and over, who experience panic atiacks, to participate in a research study comparing and investigationsdrug with placebo. If you have panic - Shortness of breath, smother sensations • Dizziness, trembling, faintness •Choking, sueat ing $\cdot$ Palpitations, chest pain $\cdot$ Numbness, tingling, hot flashes $\cdot$ Fear of dying or going crazy Suitable volunters will receive a medical exam, lab tests and regular visits a psychiatrist free of charge. Call Mary (618) 659-(1292, Monday-Thursday.
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## Todiy's Food

## Light and bright ideas sparkle at Hanukkah

Lights and oil mingle to
begins at sundown Friday.
The wonder of lighting the menorah commemornates the victory of the tiny Maccabee
army over a superpower that controlled Israel.

When the menorah was relit, there was only enough stayed lit the eight days it took the Jews to make oil The miracle is honored with latkes and doughnuts in par-
The celebration starts with The celebration starts with in a dark place," according to Rita Milos Brownstein, in her book "Jewish Holiday Style"
(Simon \& Schuster, $\$ 27.50$ ) In the book, she suggests craft ideas for homemade includes a variety of recipes includes a variety of recipe
for latkes and cookies. The recipe for Shortbread
Cookies is from her book. She suggests keeping them in small shapes, because they are very rich. Spicy Beef
Brisket originated in the Brisket originated in the

## shortabeao COOKIES

$\qquad$ 3/4 cup ( $1-1 / 2$ sticks) softened 1/4 cup sugar 2 cups flour
Preheat oven to 350 degrees.
Cream butter and sugar Addrigerate dough, if it seems too soft to roll without sticking. On lightly floured board, roll out dough about $1 / 3$-inch thick. Cut in shapes with cut-
ters. Place 1 inch apart on ters. Plased cookie sheet. Bake in preheated over
about 20 minutes.
about 20 minutes.
Makes about 2 dozen.
SPICY BEEF BRISKET SPICY BEEF BRISKET
brisket, fat removed 2 carrots, quartered 2 onions, quartered
3 large cloves garlic.

1 thasp. instant beef bouillon
15 whole cloves 15 whole peppercorns Strip of fresh lemon peel (4 to 6 inches) Juice of 2 lemons Brated fresh lemon peel and chopped parsley for garnish Place beef in large saucepan. Add carrot, onion garlic, bouillon, cloves, peppercorns, bay leaves, strip of enough boiling water just to cover beef. Bring to boil. Reduce heat. Simmer 2-1/2
3 hours until beef is tender. 3 hours until beef to serving platter. Cut in thin slices. Sprinkle with grated peel and
Makes 6 to 8 servings.
Note: Strained cooking liquid can be used as soup base
or broth for cooking vegetables. Lemon Buttered Cabbage: In large skillet, melt $1 / 4$ cup margarine with $1 / 2$ teaspoon


Spicy Beef Brisket and Lemon Buttered Cabbage make a hearty counterpoint to the latkes and cookies of Hanukkah. caraway or celery seed. Add (about $1-1 / 2$ pounds), coarse (about 1-1/2 pounds), coar
ly chopped. Cook and stir
over high heat 3 to 4 minutes. Reduce heat. Simmer, cov-
ered, 2 to 3 minutes until jus
tender. Stir in tender. Stir in grated peel


 416 E. Bethalita Bethalto, 11.
Breakfast With SMutrighmisAM to Noom Bring your litril Celrodidaph have their


 or Pork Chops
Fri.
Sororad
Dinnarf Sat. 160 Oz . Porrarhouse
or Roast Beof
1! ! ! ! ! ! ! ! ! ! ! ! ! ! ! ! ! ! ! ! ! ! ! ! ! ! ! ! ! ! ! ! ! ! ! ! ! ! ! ! ! !



## Tably's Food

## Baking tips follow call to free hotline <br> 1-1/2 tsp. vanilla

Ringing in the holidays
ith scrumptious, seasonal reats is a time-honored tra ition. With the millennium
pproaching and hectic holipproaching and hectic holi-
ay schedules ave time to mull over a ecipe or make baking misakes.
Getting help with holiday Getting help with holiday
aking is fast and easy with he toll-free Land O'Lakes
ioliday Bakeline, $1-800-782-$ ioliday Bakeline, $1-800-782-$ sec . 24 . Home economists m. seven days a week with
mand baking tips. ecipes and bays a week tips
All Bakeline callers eceive a free copy of a new Last a Lifetime," with timesaving tips and traditional
ecipes. The web site wwolandolakes com has Here are a couple cookie
ecipes to put people in the

SNOWBALL SURPRISE COOKIES $3 / 4$ cup ( $1-1 / 2$ sticks
butter, softened 12 cup granulated sugar

## $1 / \operatorname{egg}_{1 / 2}$ $1-3 / 4$ cups

 48 candy-coated chocolate-covered almond or peanut$1 / 2$ cups confectioner's sugar
Preheat oven to 350
degrees. In large bowl, combine butter, granulated sugar, egg speed of electric mixer,
scraping bowl often, 1 to 2 scraping bowl often, 1 to 2
minutes until well mixed. minutes until well mixed.
Shape dough around candy
pieces to form 1-inch balls.

Place 1 inch apart on Bake in preheated oven 12 to 14 minutes until set. Place confectioner's suga in large plastic food bag time in sugar. Cool completely. Return 3 or 4 cookies at a time to bag to shake and coa
again with confectioner's again with confectioner's Makes 4 dozen cookies; 100
calories, 1 g protein, 11 g carcalories, 1 g protein, 11 g car-
bohydrate, 5 g fat, 10 mg chobohydrate, 5 g fat, 10 mg cho
lesterol, 35 mg sodium and 1 g dietary fiber each.

## CHOCOLATE MINT

 DROP COOKIES 1 cup plus 2 tbsp. granulated sugar12 cup (1 stick) but
$1 / 2$ cup ( 1 stick) but-
ter, softened $1 / 2 \mathrm{cu}$

1/4 tsp. baking powde 1-1/2 cups flour 144 small pastel-colored, mint chip candies or candy cor Preheat oven to 350
degrees.
In large bowl, beat 1 cup
sugar and butter at medium sugar and butter at med,
speed of electric mixer, scraping bowl often, until
well mixed Add cocoa well mixed. Add cocoa, egg,
vanilla, baking powder and vanilla, baking powder and ing until well mixed.
Reduce mixer speed to Reduce mixer speed to
low. Add flour. Beat, scrap low. Add flour. Beat, scrap-
ing bowl often, 1 to 2 minutes
until well mixed. until well mixed. Shape dough into 1-inch
balls. Roll in sugar. Place 2 balls. Roll in sugar. Place 2 cookie sheets. Bake in preuntil set Quickly press 3 small mint
chip candies on top of each


The season has opened for sweet snowballs and minty
chocolate drops.
 alories.

\section*{ltalian Hanukkah treat gives cook a tasty break

By Dana Jacobi
Makng latikes the thiu ionally served at tanulukah, should be alain I love to eat lido not care for the moisture out of enough shredr the discomfort of weeping S I grate onions, Nor do
ike being stuk in my small
partment kitchen, slaving over two skitlets, while But 1 do love fried food and Hanukkah provides a
perfect excuse to indulge
because the oil used is symbociause the oil used is sym-
boicacle at the
heart of this joyous holiday The oil, just enough holiday.
for one day in the sacr lamp in the ancient temple in
Jerusalem, lasted eight days Jerusalem, lasted eight days
and nights. This year I researched to find an alternative to latkes.
Neither the yeasty fried jelly
doughnuts served in Israel to celebrate Hanukkah nor the
aromatic Moroccan couscous with fried chicken served by

## Ultimately I read a fasci- nating book, "Cucina Ebraica," by Joyce Goldstein.

 Abraica," by Joyce Goldstein who presents the rich heritage of Jewish Italian cook-ing, she includes dishes like ng, she includes dishes like ers from Venice. They are a perfect variation from a
latke. atke. modified Goldstein's recipe to cut back on fat. Only a single egg was used. Frozen cooked squash,
than cooking fresh squash in
milk, provided the right conmilk, provided the right consistency. As an alternative
roasted pine nuts, chopped dried apricot adds flavor
without fat. And - oh, joy! - I can
make the whole batch, hold ing the cooked fritters in a warm oven, then sit down and share them with guests. They stay crisper than
do in the oven. Leftovers even taste good when cool
and pleasantly chewy. and pleasantly chewy.
Cookbook author Dana Jacobi submits this material
for the American Institute for Cancer Research in
Washington, D.C. She created the recipes for the AICR
book, "Stopping Cancer


## ITALIAN SQUASH

 FRITTERS

## suga

## suga

In medium saucepan, cook
squash according to package
directions.
In pot over medium-low
heat, using wooden spoon,
cook and stir flour into
squash until mixture is thick
and without lumps. Stir in
baking soda and salt, then
egg, until well combined. Mix
in sugar, orange zest, raisins
and apricot. Remove, from
heat. Let stand 15 minutes.
Batter will be velvety and
elastic.
In medium nonstick skil-
let, heat 2 tablespoons oil
over medium-high heat. Drop
batter, a scant teaspoon at a batter, a scant teaspoon at a
friters at a time about 2
minutes until dark brown on bottom. Using tongs, turn over fritters, pressing them
into coin-size disks with side int coins-size disks with side until well-browned Transfer to paper towels.

Add remaining 2 table-
spoons oil as needed during spoons oil as needed during
frying.

Arrange warm fritters on serving plate. Sprinkle with confectioner's sugar. Serve
immediately.

Makes eight (6-fritter) servings, 173 calories and 6

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|  |  |
|  |  |




## Taday': Food

## Even cookies benefit from flavorful fruit

When it comes to life's simple pleasures, the aroma of cookies, cakes and pies
baking ranks right up there baking ranks right up there the reward of taking perfectoven and serving them to family and friends. Those who need confidence
and a little bit of experience and a little bit of experience make cookies. All it takes is following directions.
In these simple recipes, fresh and juicy pineapple and naturally sweet banana deliv er moist, flavorful baked goods. No flavor extract can
match the taste of tropical fruits. Extra moisture helps them keep a little longer,
helpful when mailing them helpful when mailing them o
wrapping them up early for gifts.
bananas reach this stage bak ng time, puree or mash container in the freezer until then, then defrost for baking. Cookies call for old-fashioned oats (not instant) and fresh pineapple - no substitutes allowed. Fresh pineapple is available cored, peeled and duce in most supermarkets. - Kreat way for a family to great way for a family spend time together and
everyone gets to enjoy the
results. results.

## BASIC BANANA

COOKIES
2-3/4 cups flour
1 tsp. baking soda
$1 / 4$ tsp. salt
1 cup ( 2 sticks) ma
1 cup (2 sticks) mar

1-1/4 cups granulated sugar sugar
1 egg, ripe banana, mashed ( $1 / 2$ cup) $1 / 2$ tsp. cinnamon In medium bowl, combine
flour, baking soda and salt.
In large bowl, beat togethIn large bowl, beat togeth er margarine, 1 cup granuuntil light and fluffy, Beat in egg and banana until blendcombined. Refrigerate, covered, 2 hours or as long as
overnight, until dough is overnight, unti dough
firm enough to handle.
Preheat oven to 350 freheat oven to 350
degrees. degrees.
Combine remaining $1 / 4$
cupanulated sugar and cup granulated sugar and
cinnamon in small bowl. balls. Roll in cinnamon mixballs. Roll in cinnamon mix-
ture. Place 2 inches apart o
ungreased baking sheets.

Bake in preheated oven 10
12 minutes until lightly oookies to wire rack to cool coompletely. Makes $4-1 / 2$ dozen; 79 calories, 4 g fat, 8 mg cho-
lesterol, 76 mg sodium, 11 g lesterol, 76 mg sodium, 11 g
carbohydrate and 1 g protein Chocolate Banana Stars: Prepare and shape dough as directed, but roll dough in 1 cup finely chopped almond instead of cinnamon mixsoon as cookies are removed
from oven, press unwrapped from oven, press unwrappe pieces into center of eac
cookie. Cool as directed.

## OATMEAL PINEAPPLE

 COOKIES1 cup packed brown 2 cup granulated ness and texture. The banan should have a speckled or

even very dark peel. If


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CRANBERRY-GLAZED PORK ROAST

## it. boneless loin roas

$1 / 4 \mathrm{tsp}$. cinnamon
$1 / 8 \mathrm{tsp}$. salt
$1 / 2$ tsp. grated orange peel
$1 / 2 \mathrm{tsp}$. grated orang
2 tbsp. orange juice
2 thsp. dry sherry
1 can ( 16 oz.) whole-berry cranberry sauce
1 can ( 16 oz.) whole-berry cranberry sauce
1 large red onion, cut in 6 to 8 wedges, or 12 small 1 large red onion, eut in
whole onions, peeled
Preheat oven to 325 degrees
In small saucepan, combine cornstarch, cinnamon, salt
nd orange peel. Stir in orange juice, sherry and cranberry and orange peed stir iv orangedium heat until thickened.
sauce. Cook and stir over med roast in shallow roasting pan. Insert meat ther-
Place remer Place roast in shallow roasting pan. Insert meat ther
mometer. Roast in preheated oven 1 hour. Place onion around pork. Spoon about i/2 cup cranberry
mixture over roast and onions Continue to roast 30 to 60 min mixture over roast and onions. Continue to roast 30 to 60 mi Let stand 5 to 10 minutes before slicing.
Serve with remaining cranberry mixture
Makes 16 servings; 213 calories, 26 g pro
makes servings, 213 calories, 2

## CINNAMON HONEY BUNS

1 loaf ( 1 1blefrozen
bread dough
ter or margarine, softened
12 cup hone
$1 / 2$ cup honey
$1 / 4$ cup chopped toast-
ed nuts, if desired
2 tsp. cinnamon
$2 / 3$ cup raisins
Thaw dough as package
directs. 12 muffin cups, wor topping, mix together 1 tablespoon butter, $1 / 4$ cup honey and nuts. Place 1 tea-
spoon mixture in each muffi cup. For filling, mix together

## cto this inaliday seasan

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remaining 2 tablespoons but-
ter remaining $1 / 4$ cup honey and cinnamon. On floured work surface,
roll bread dough to form 8 roll bread dough to form 8 filling evenly over dough.
Sprinkle evenly with raisins Starting with long side, roll dough into log. Cut $1 / 0$ gieces about $1-1 / 2$ inches wide. Place each muffin pan in warm place. Let dough rise 30 minut
Preheat oven to 375
degrees.
Place muffin pan on baking sheet lined with alu-
minum foil to catch drips. Bake in preheated oven about 20 minutes until buns

Cool in pan 5 minutes Invert muffin pan to remove
buns. Makes 6 servings; 444
calories 14 g fat, 8 g protein 21 mg cholesterol, 76 g carbo hydrate, 436 mg sodium
3.6 g dietary fiber each.


## Shopin

## 137

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# Automotive 

# Cadillac＇s 2000 DeVille blends ingenuity with bold styling 

By Tom Strongman
The redesigned 2000 DeVille is edges，vertically stacked head－ edges，vertically stacked head－
lights and a dearth of chrome
flourishes，vou can see hine flourishes，you can see hints of the Evoq－oriented＂Cadillac style＂that
whe dermeate the product line as
the divion fishes for new cus－ tomers in the pond of youth．Evorg
is the two－seat concept roadster
that has made the rounds of auto shows this year，
Throughits use of Night Vision
infrared technology，yehicle stabil－ ity control，road－sensing adjustable
suspension and ultrasonic rear parking sensors，you can see that General Motors＇high－tech division．
Riding on GM＇s $G$ platform，a
basic chossis which basic chanssis which is under the
Seville．Oldsmobile Aurora and
Buick Park Avenue the new Buick Park Avenue turo new
DeVille has a wheelbase that has grown from 113.8 to 115.4 inches．
is 2 inches narrower and 3 inches
shorter It comes in three models： Deville，Deville High Luxury
Sedan（DHS）and DeVille Touring
Sedan（DTS）Prices start $\$ 40,170$ for the DeVVIlle and $\$ 45,370$
for the DHS and DTS Under the hood sits the 4．6－liter Northstar $V$－ 8 ．Horsepower is 275 ，
except for the sportier DTS，which

has 300 ．This robust engine is a
jewel．It lunges into action at the slightest prod，and it snarls its wa us if a Corvette is being held pris－ Cranking 300 horsepower through the front wheels can be a
bit of chanllenge，and at full throt
tle they pawed slightly from side e they pawed slightly from side The Deville＇s styling is bound to
be a conversation point because its be a conversation point beeause its
bold，vertically stacked headlights
create a slighty bug create a slightly bug－eyed face unlike
anything else in the model line．Its anything else in the model line．Its
protile shows a fanily resemblance on the Seville，hat its sides are flatter
and have less sculpting． Inside，this sciteration． Deville is vastly superior to its pre style instrument package that rival
Lexus for clarity and sityle Lexus for clarity and style．
Secondary controls for radio and cl Secondary controls for radio and cli
mate control are wide，flat buttons
that are simple to decipher and eas that are simple to decipher and eas to use．The sound quality of our test For those who want six－person eating，the DeVille and DHS can
be equipped with a $40 / 20 / 40$ bench ront seat that has a fold－down cen ter armrest．Seats in the DHS and
DTS have 20 rollers in the lumbar section that gently massage your back for up to 10 minutes at the
driver seat that uses sensors and
10 air cells to adjust the contour to your body＇s shape．
The DTS has a suspension tune for sporty handling and according ly the ride had a bit of a sharp
edge to it．Lean it into a turn，how ever，and it tracks through
admirably how admirably for such a large sedan system helps counteract skidding by applying one brakee at a time and reducing power if needed．
StabiliTrak rarely can be invoked
on dry pavement，but it would be on dry pavement，but it would be
most helpful in rain or snow． most helpful in rain or snow．
Night Vision，an infrared imag－
ing system，available as a $\$ 1,995$ ing systern，available as a $\$ 1,995$
option on the DHS and DTS，really option on the DHS and DTS，really
works．Before sampling it $I$ was
skentic skeptical，but after I got used to ime black－and－white negative
windshiclding at the base of the Night Vision brings Gulf War camnera，mounted to the the ce．A small the grill mounted in the center of
find the Cadillac normally would find the Cadillac crest，uses thermal， or infrared，imaging to pick thermal the heat from objects and create a virtu－ white photographic negative．
This image is then proiected This image is then projected
onto the bottom of the windshield
through a head througe a head of displaydshiel with
the result being an image that the result being an image that
appears to floa out about the end
of the hood．Objects are the

Size in the image as they are in the
driver＇s field of Driving through suburban neigh borhoods at night，I could see peo－
ple walking their dogs two blocks away，long before headights ever
illuminated them．Night Vision also illuminated them．Night Vision also
allows the driver to see＂parked
cars way down the road． cars way down the road． At first，the system distracted At first，the systern distracted me
from watching he road，but I soon
learned to use it anly when I learned to use it only when I needed
to see beyond the headlights． other high－tech options include ultrasonic parking sensors in the back bumper that to bund a warning if you are about to back into some－
thing．OnStar，GM＇s cell－phone－
Oased communications service that based communications service that
helps with route information，can
rack the vehicle if ston track the vehicle if stolen and
automatically calls for help if the
air bas deploy and a CD－ROM． automatically calls for help if the
air bags deploy；and a CD－ROM－
based based navigation system． est luxury cars from Europe and
Japan？Yes．Does it feel as quict． Japan？Yes．Does it feel as quiet．
refined and solid？Not yet．But it is The base price of the DeVille $V$ ision，wood interior trim，six－dise CD player，front and rear air bass， Ultrasonic parking assist，tilt steer－ ing whee and a memory package
brought the sticker price to $\$ 57,735$ ．
The warranty is for four years
or 50,000 miles．

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